



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of MAY 2025

—
SL NO

CONTENTS

1. MEMBERSHIP
2. BRANCH MEETING
 - a) Executive Meeting
 - b) General Body Meeting
3. BRANCH CHAPTER
 - a) AMS
4. BRANCH COMMUNITY & SOCIAL ACTIVITIES
5. PARTICIPATION IN STATE MEETING
6. STATE PROGRAMS
 - a) Nammude Arogyam Subscription
 - b) Observation of state designated days
7. SUB COMMITTEE ACTIVITIES
 - a) Public ELS Program
8. SPECIAL PROJECTS BY BRANCH
 - a) Palliative Care Clinic
 - b) TIDA Projects

MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS		678
JDN(Less than 40)		128
SSS I	-	326
SSS II		283
SSS III		239
PPS	3	364
CGP		37
AMS	-	133
PEPS		10
KHS	-	380
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

-

2.BRANCH MEETING

I) EXECUTIVE COMMITTEE MEETINGS

14.05.2025: EXECUTIVE MEETING

Executive Committee Meeting on 14.05.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 28 members attended the meeting. Vote of thanks was proposed by Dr.Deepa Divakaran (Treasurer IMA Thalassery).



II) GENERAL BODY MEETING

28.05.2025: GENERAL BODY MEETING

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty (President IMA Thalassery) welcomed the attendees. Dr. Sreejith V (Secretary IMA Thalassery) proposed a vote of thanks. A total of 44 members attended the meeting.



III) CONDOLENCE MEETING

09.05.2025: CONDOLENCE MEETING

Dr. C. K. Jayakrishnan Nambiar was commemorated in Thalassery IMA condolence meeting. IMA President Dr. Nadeem Abootty presided over the meeting. Kerala Legislative Assembly Speaker Adv. A. N. Shamseer, IMA Past National Vice President Dr. T. N. Babu Raveendran, Dr. R. Ramesh (Past State President IMA) Dr. Sreekumar Vasudevan (Past State President IMA) , Dr. Joseph Benavan (State President IMA), Dr. Sasidharan K (State Secretary IMA) and others expressed their condolences. People working in various fields of society and Thalassery Press Forum President Mr. Navas Mathar, Bar Association President Adv. K Vishwan, Brothers Cricket Club Secretary Mr. Rafiq, Chetamkundu Residence Association Secretary Mr. Ramesh, doctors Dr. A P Sreedharan, Dr. Mini Balakrishnan, Dr. Sreeja Vishwan, Dr. Tufail and others spoke. The condolence meeting held at Hotel Pearl View was attended by people from various organisations .





3. BRANCH CHAPTERS

AMS

28.05.2025: CME

IMA Thalassery in association with IMA AMS & Surgeons Club Thalassery conducted a CME on “Trans Anal Minimally invasive surgery for rectal cancer by Dr.Nizamudheen M P(Additional Professor and Head, Dept of Surgical Oncology,MCC Thalassery) & “Laser in Fistula Surgery – A Double Edged sword” by Dr.Deavaraj T V (Senior Consultant and Hod,Robotic & Minimally invasive surgery ,KIMS Sreechand Hospital,Kannur. Dr. Nadeem Abooty (President IMA Thalassery) presided over the meeting, which was attended by 44 members. Dr. Sreejith V (Secretary IMA Thalassery) proposed the vote of thanks.



4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

02.05.2025: TALK ON 'HEALTH & FITNESS' ON AIR FM

Dr.Suchitra Sudhir, President KFOG and Senior Gynecologist, Ashraya Hospital ,Mattannur gave a talk on 'Health &Fitness' on AIR FM on May 2nd,3rd & 5th May 2025.



Health and fitness

Talk on AIR FM
about Women's health
by
Dr.Suchitra Sudhir MD,DGO
Ashraya Hospital, Mattanur



May 2nd,3rd & 5th - 2025

12:40 PM



03.05.2025: Pilgrims on their way to perform Hajj Pilgrims from various quarters of Thalassery were sent off and a health and safety awareness class was organized. Dr.T P Muhammed presided over the meeting organized by the Thalassery Muslim Association at the Kantalat Juma Masjid premises. IMA Thalassery President Dr.NadeemAbootty inaugurated the event. Hajj Trainer Nazar Ezhara gave a Hajj message.



ഹജ്ജ് തീർത്ഥാടകർക്ക് വേണ്ടി തലശ്ശേരി മുസ്ലിം അസോസിയേഷൻ സംഘടിപ്പിച്ച ആരോഗ്യ സുരക്ഷാ ബോധവൽക്കരണ ക്ലാസ് ഐ എം എ തലശ്ശേരി യൂണിറ്റ് പ്രസിഡണ്ട് ഡോ. നദീം ആബൂട്ടി ഉദ്ഘാടനം ചെയ്യുന്നു.

ഹജ്ജ് തീർത്ഥാടകർക്ക് യാത്രയയപ്പും ബോധവൽക്കരണ ക്ലാസും

തലശ്ശേരി : ഹജ്ജ് കർമ്മം നിർവ്വഹിക്കാൻ യാത്ര തിരിക്കുന്ന തലശ്ശേരിയിലെ വിവിധ മഹല്ലുകളിൽ നിന്നുള്ള തീർത്ഥാടകർക്ക് യാത്രയയപ്പും ആരോഗ്യ സുരക്ഷാ ബോധവൽക്കരണ ക്ലാസും സംഘടിപ്പിച്ചു. കാനതലാട്ട് ജുമുഅ മസ്ജിദ് അങ്കണത്തിൽ തലശ്ശേരി മുസ്ലിം അസോസിയേഷന്റെ നേതൃത്വത്തിൽ സംഘടിപ്പിച്ച സദസ്സിൽ ഡോ. ടി പി മുഹമ്മദ് അദ്ധ്യക്ഷനായി. ഐ എം എ തലശ്ശേരി യൂണിറ്റ് പ്രസിഡണ്ട് ഡോ. നദീം ആബൂട്ടി ഉദ്ഘാടനം ചെയ്തു. ഹജ്ജ് ട്രൈനർ നാസർ ഏഴര ഹജ്ജ് സന്ദേശം നൽകി. മുസ മുസ്ലിയാർ, വി കെ ഹുസൈൻ, ടി സി ഖിലാബ്, ഒ വി ജയഫർ, യു വി അഷ്റഫ്, എ കെ ഇബ്രാഹിം, പി വി അബ്ദുൽ ബഷീർ, പ്രൊഫ എ പി സുബൈർ, സി കെ പി റഹീസ്, മായിനലി, ടി കെ വസീം, സി ഒ ടി ഫസൽ, പി എം അബ്ദുൽ ബഷീർ സംസാരിച്ചു. അഡ്വ ടി പി സാജിദ് സ്വാഗതവും കെ പി മുഹമ്മദ് റഹീഖ് നന്ദിയും പറഞ്ഞു.

04.05.2025: HPV VACCINATION CAMPAIGN

WIMA Thalassery organised HPV Vaccination campaign on 4.5.25 at Josgiri Hospital,Thalassery.



10.05.2025: CONDOLENCE MEETING-CO-OP HOSPITAL

A condolence meeting was held at the Co-op Hospital,Thalassery, in memory of Dr. Jayakrishnan Nambiar. The meeting was attended by Kerala Legislative Assembly Speaker Shri A.N. Shamseer.



11.05.2025: CLASS ON MEDICAL ERROR

Class on medical error for Gynec Society Kollam. Class was taken by Dr.Mini Balakrishnan.



12.05.2025: CONDOLENCE MEETING-PRESS FORUM

A condolence meeting was held at the Press Club Hall in Thalassery , 12th May 2025, in memory of Dr. Jayakrishnan Nambiar. The meeting was attended by Kerala Legislative Assembly Speaker Shri A.N. Shamseer, IMA Thalassery President Dr. Nadeem Abootty, Dr. Rajeev Nambiar, Dr. Mini Balakrishnan, and Dr. Aravind Nambiar. People from different political parties, the police department, and many others from various walks of life took part in the meeting to pay their respects. To remember Dr. Jayakrishnan Nambiar's "Don't Do Drugs" campaign, the Press Club released awareness posters with important phone numbers to report drug abuse. These posters will be placed inside autorickshaws and buses to help spread the message to the public.

The posters were handed over to the Circle Inspector of Thalassery by Dr. Jayakrishnan Nambiar's family members and IMA leaders.



15.05.2025: A CLASS ON ‘COMMUNICABLE DISEASE’

A Class on ‘communicable disease’ was taken by Dr.Sreeja Viswan at Mangattidam Panchayath Hall on 15.5.25. Around 40 people from Mangattidam Panchayat attended the class.



21.05.2025: TALK ON ‘EVOLVING DIAGNOSTICS AND TREATMENT IN TB

Dr.Rejna Dilnath (State WIMA Treasurer) gave a talk on ‘Evolving diagnostics and treatment in TB’ in a CME conducted by IMA Payyanur at IMA Hall Payyanur .



23.05.2025: 'Dr Here' program

Dr.Mini Balakrishnan in the 'Dr Here' program in Zee Malayalam news channel speaking on 'Safe Delivery'.



25.05.2025: IMA IPM Foundation Course in Palliative Care Batch 04 Offline session @ Institute of Palliative Medicine, Kozhikode On Sunday 25th May

Dr.M.S.Biji, WIMA Chairperson conducted the offline session for the 4th batch of Foundation course in Palliative care at Institute of Palliative Medicine (IPM),Kozhikode along with the Faculties from IPM. Around 16 candidates including Dr.Sreeja Viswan WIMA Secretary and 2 other members of WIMA Thalassery attended the session completed the course.



27.05.2025: A CLASS ON COMMUNICABLE DISEASES

A class on communicable diseases was taken by Dr.Sreeja Viswan at Mangattidam Deshabandu Vayanashala on 27.5.25.Around 25 people attended the interactive session.



28.05.2025: Dr.Ramya T K (Public Health Expert,GH Thalassery) speaking on ‘Dog menace’ in a CME conducted by IMA Vadagara on 28.05.25 at IMA hall Vadagara.



5) PARTICIPATION IN STATE MEETINGS

State Working Committee

11.05.2025: SWC MEETING

Dr.Babu Ravindran T N (Past National Vice President IMA) , Dr.Sasidharan K (State Secretary IMA), Dr.R Ramesh (Past President IMA), Dr.Gopeenathan P(Vice Chairman, PEPS) Dr.Aravind C Nambiar (IPP) attended the SWC Meeting at Kanhangad.



6) STATE PROGRAMMES

i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

06.05.2025: WORLD ASTHMA DAY


Dr.Rejna Dilnath in 'Akshavani Arogya Deepthi' program in FM Radio discussing about Asthma .

DISTRICT MEDICAL OFFICE
NATIONAL HEALTH MISSION
DISTRICT TB CENTRE KANNUR

**WORLD
ASTHMA DAY**
MAY 6, 2025

Make inhaled treatments
accessible for ALL!

Akshavani Arogyadeepthi



Talk by Dr. Rejna Sreedharan
Consultant Pulmonologist
District TB Centre, Kannur
May 6(Tuesday) & 7(Wednesday)
@ 12:40PM

16.05.2025: NATIONAL DENGUE DAY

A Health Awareness Class, Quiz Competition and source destruction activities were organized at Kodiyeri PHC on the occasion of National Dengue Day. The function presided over by Medical Officer Dr.Dhanya M K, was attended by the general public,Asha workers and employees.



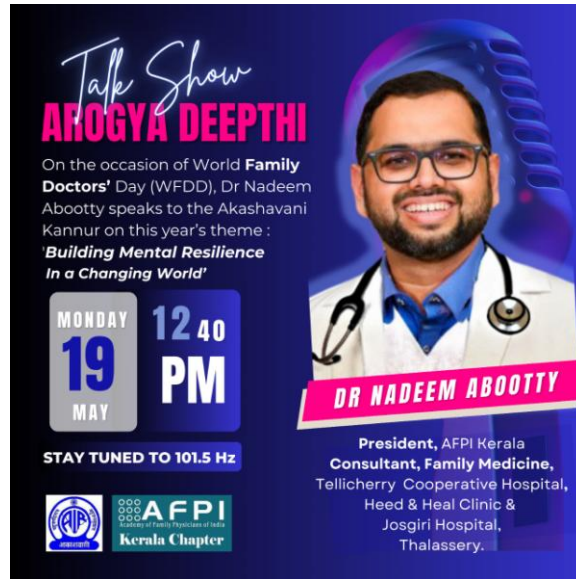
18.05.2025 : WORLD HYPERTENSION DAY

In connection with World Hypertension Day,a session on lifestyle modification and control of hypertension was taken by Dr.Sreeja Viswan for patients at Mangattidam PHC on 18.5.25.Around 25 people attended the interactive class.



19.05.2025: WORLD FAMILY DOCTORS DAY

Dr.Nadeem Abootty in ‘Akashavani Arogya Deepthi ’ program in FM Radio discussing about Family Doctors Day .



31.05.2025: WORLD NO TOBACCO DAY

- Dr.Rejna Dilnath in ‘Akashavani Arogya Deepthi ’ program in FM Radio discussing about “Unmasking the Appeal: Exposing industry Tactics on Tobacco and Nicotine Products”



- As part of observing No Tobacco Day, a class on “Tobacco and Nicotine products related health issues” was taken by Dr.Sreeja Viswan at Mangattidam PHC on 31.5.25 .Around 25 patients and their relatives attended the interactive session.



- As part of observing No Tobacco Day an educational class was taken Dr.Vidya at PHC Kolassery. Around 30 outpatients attended the class.



- As part of observing No tobacco Day, an awareness class was taken for adolescent students and health workers of Kodyeri PHC by Civil excise officer Ms.Prasanna. The program was coordinated by Dr.Dhanya Chandran.



7)SPECIAL PROJECTS BY BRANCH

Pain and Palliative Care Society

- 1.NUMBER OF NURSES HOME CARE CONDUCTED... 9 (ON ALL WEDNESDAYS AND SATURDAYS)
2. NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED)...9
3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 37
- 4.NUMBER OF NURSES HOME CARE PATIENTS... 37
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4 (ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED,....104
7. NUMBER OF WOUND CARE PATIENTS.... 8
8. NUMBER OF CATHETER CARE PATIENTS.... 11
9. NUMBER OF DEATH CASE.. 5
10. NUMBER OF MORPHINE PATIENTS.. 48
11. NUMBER OF CANCER PATIENTS... 78
- 12.NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 6
13. NUMBER OF NEW CASE...14
- 14.DOCTOR'S HOME CARE... 1
15. NUMBER OF DOCTOR'S HOME CARE PATIENTS.. 1

Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon